

# Adult Summer Reading Special Programs 2023



## 124th New York Regiment at the Battle of Gettysburg: Sunday, July 2nd at 1 PM

Join Civil War historian Charles J. LaRocca as he discusses the role 124th New York Regiment (known as the "Orange Blossoms"), played in this pivotal battle of the American Civil War.

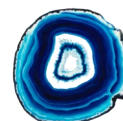
## Summer Food Drive: Wednesday, July 5th- Monday, August 14th

The Moffat Library is collecting non-perishable food items for donation to the Country Kids Food Pantry in Washingtonville. Food donations can be dropped off at the library. Donors will receive a small gift for their contribution.



## Geode Felting: Thursday, July 13 at 6 PM

Join crafter Christine Adams to create colorful geodes using needle and wet felting techniques. Registrants will leave this fun and relaxing activity with a complete felted project.



## Restorative Yoga: Wednesday, July 19th at 6 PM

Join yoga instructor Kerry Toole for a restorative yoga class that encourages physical, mental, and emotional relaxation. Restorative yoga is a style of yoga that is practiced at a slow pace.

All skill levels welcome! Registrants must bring the following supplies:

- Yoga Mat
- 2 Blankets or Towels
- 2 Yoga Blocks (optional)



## Understanding and Responding to Dementia-Related Behavior: Thursday, July 20th at 6 PM

Join Donna Davies of the Alzheimer's Association to discuss dementia-related behaviors from a caretaker perspective. This program will help caretakers to identify triggers for common behaviors associated with dementia and teach them strategies for addressing these behaviors.



**Space is limited. Registration is required for all programs.**

**Please register online at: [www.moffatlibrary.org](http://www.moffatlibrary.org) / Events Calendar**

**or call us at (845)496-5483 x 324 for info**



## Adult Summer Reading Special Programs 2023 (Continued)

### Movie Mondays on Kanopy:

Mondays in July, we're highlighting films available through our streaming video service **Kanopy**. Introductions to these films will be posted to the Moffat Library's YouTube channel as well! To access Kanopy, go to [moffatlibrary.kanopy.com](http://moffatlibrary.kanopy.com) and login using your library card!

Please note that your library card entitles you to 10 play credits per month. Each film you watch on Kanopy consumes one play credit. Once all 10 are used, you will need to wait until the next month for your play credits to refresh.

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#### **Mr. Malcolm's List (2022) [Rated PG] - Monday, July 3rd**

*Mr. Malcolm's List* is a period romance set in Regency England. Julia Thistlewaite enlists the help of her childhood friend Selina to exact revenge on London's most eligible bachelor, Mr. Malcolm.

#### **A Man Called Ove (2015) [Rated PG-13] - Monday, July 10th**

*A Man Called Ove* is a Swedish dramedy based on the bestselling novel by Fredrik Backman. Ove, an ill-tempered old man who likes to enforce rules, has given up on life just as an unlikely friendship develops with his boisterous new neighbors.

#### **Hair (1979) [Rated PG] - Monday, July 17th**

*Hair* is a movie musical based on the cult Broadway musical that premiered in 1968. While on his way to enlist in the U.S. Army during the Vietnam War, an Oklahoma farm hand befriends a freewheeling group of NYC hippies.

#### **Short Term 12 (2013) [Rated R] - Monday, July 24th**

*Short Term 12* is a drama starring Brie Larson and Rami Malek. A young supervisor at a group home for at-risk teens connects with a new resident while facing a personal crisis.